

## ANNUAL REPORT FOR 2022

June 30, 2022

### Chairman's Message:

The Centers for Disease Control and Prevention (CDC) estimates that 1 in every 44 children in the United States has autism. Most will live a normal lifespan. It is this generation living with autism that is the focus of OAR's mission. As the father of two adult children with autism, I appreciate the need for research to identify the causes of this disorder. This work is vital, yet its promise is long-term. It offers little for my son and daughter today, or even in their lifetime. The research studies that OAR funds and the programs and resources OAR offers do.

OAR's leadership team is built around a dedicated Board of Directors, a Scientific Council whose professional work is uniquely tied to OAR's mission, and a staff that delivers amazing results. Together we recognize that autistic individuals, their families, caregivers, teachers, and service providers need better answers to a variety of pressing questions, and we strive to provide those answers.

OAR's mission is "to apply research to the challenges of autism." That implies three basic objectives: Raise money. Fund research. Change lives. It's that simple, and the ultimate goal – making a lasting impact on the lives of autistic children and adults – compels us to raise the bar each year. This is our report card for Fiscal Year 2022, July 1, 2021, to June 30, 2022.

Through our annual research competition, we fund pilot studies that address issues such as diagnosis, early intervention, social communication, community living and employment, and family support. In just under 21 years, we have committed more than \$4.4 million to 309 autism studies by researchers, including graduate students pursuing degrees in fields related to autism, across the U.S. and abroad. With the grants we make later this year, our total funding will approach \$4.7 million.

We haven't done this on our own. We engage the autism community in everything we do, and we will need its support as never before as we continue to develop our Hire Autism employment initiative to improve employment opportunities for adults with autism. We completed the first phase last year. In the coming year we will expand the program nationally. We look forward to the challenge and then reporting our success to you at this time next year. Thank you.

Sincerely,

A handwritten signature in blue ink, appearing to read "James M. Sack".

James M. Sack  
Chairman

## Introduction

The Organization for Autism Research (OAR) is a non-profit organization dedicated to the advancement of applied autism research. Specifically, OAR's mission is to apply science to the daily challenges of autism. This extends to addressing the social, educational, and treatment concerns of parents, autism professionals, and caregivers. Implicit in this mission is the requirement to fund research and deliver programs and resources that enhance quality of life for as many autistic individuals as possible.

Throughout its 20th year of operation, OAR continued to grow and build upon previous successes. OAR's goals for this period included: fund six to eight new professional research studies and eight to ten graduate research projects, continue to support military families through the *Operation Autism* site ([www.operationautism.org](http://www.operationautism.org)) and *A Guide for Military Families*, further expand the peer education grants program, expand the new community grants competition, and raise autism awareness and program funding through special events.

OAR categorizes its programs into four mission areas: research, information, education, and community impact.

**Research** encompasses the work of OAR's Scientific Council as it pertains to the direction and selection of OAR-funded research studies, funding research, and general oversight of the research program.

**Information** revolves around the website, which provides the most current information regarding OAR's research findings and available resources. It also provides access to OAR's array of electronic and printed resources: the *Life Journey through Autism* guide series, the "Autism in the Schoolhouse" resources for students and teachers, the *Understanding Asperger Syndrome*: resources for siblings and military families, *The OARacle* monthly e-newsletter, blog, and social media outlets.

**Education** encompasses all outreach activities, most prominently the OAR Webinar Series successfully introduced in April 2017. Education also includes the OAR Scholarship program, which provides funding for students with autism to pursue post-secondary undergraduate education, trade and vocational training, and cooperative life skills programs.

**Community Impact** includes programs that are long-term and whose goals are to effect significant positive change. The "Autism in the Schoolhouse" initiative, begun in 2012, and the Hire Autism adult employment initiative, launched in April 2017, offer long-term benefit and impact.

## FY 2022 Program Objectives

OAR's key program objectives for the 2022 fiscal year included:

### Research

- Award six to ten graduate students conducting applied research in the field of autism (July 2021)
- Conduct the annual meeting of the Scientific Council to complete the annual research competition (November 2021)
- Award six to eight applied autism research grants (January 2022)
- Identify winners for the 2022 Graduate Research Grants Program (May 2022)

## Information

- Distribute *Life Journey through Autism* guides and other OAR resources to the autism community, at the request of individuals and through partnerships with local support organizations
- Support military families affected by autism 24/7 through the *Operation Autism* website and a companion guide, *Life Journey through Autism: A Guide for Military Families*
- Continue to publish *The OARacle* monthly e-newsletter, including featured articles from Scientific Council members, “How To” features for parents and caregivers, news from the community, and summaries of the latest autism research
- Increase public awareness of autism through existing OAR programs by publicizing findings from funded research, distributing *Life Journey through Autism* guides and “Autism in the Schoolhouse” resources, and hosting online webinar events

## Education

- Continue the OAR Webinar Series to inform and educate the autism community on topics of high interest to individuals with autism and their families
- Award 41 scholarships for post-secondary, undergraduate education to individuals with autism through the OAR Scholarship Program

## Community Impact

- Maintain the “Autism in the Schoolhouse” initiative by educating typically developing school peers, enhancing teacher knowledge of autism, and helping parents become better advocates
- Expand the Peer Education Grants program intended to expand the use of OAR’s Kit for Kids resources and increase autism acceptance and awareness in schools across the U.S.
- Continue nationwide growth of the Hire Autism program and continue to provide one-on-one support to job seekers through the Navigator program

**Research Programs.** OAR’s research programs include the annual Applied Research Competition and the Graduate Research Grants Program. In July 2021, OAR awarded 10 Graduate Research Grants, totaling \$17,600 to Master’s and doctoral students selected from a field of 40 applicants. In October 2021, OAR opened the 19th annual Graduate Research Grants Program with the release of the new RFP. The review was completed in May 2021 with 10 grant recipients selected to receive grants in July 2021.

The Applied Research Competition cycle began in December 2020 with the release of the Request for Proposals (RFP), and concluded in November 2021, when the Scientific Council met to conduct the final review and make its recommendations for new grants to OAR’s Board of Directors. The Board approved five studies from an initial group of 137 pre-proposals. The grants were in amounts up to \$40,000 for each of the studies. The total awarded in FY 2022 was \$196,272 bringing OAR’s 20-year total of research funded through the annual competition and the Graduate Research Grant program to more than \$4.4 million.

**Information Programs.** As OAR continues to grow and expand its reach each year, the website remains the primary platform through which OAR communicates with the global autism community. To that end, the fully responsive main site offers visitors information on the current state of applied autism research, as well as updates regarding OAR resources and events. Visitors can sign up to receive *The OARacle* monthly e-newsletter, find information on autism support groups and service providers in their area, and read about upcoming OAR outreach initiatives or events.

*The OARacle* monthly e-newsletter keeps its more than 5,000 subscribers up to date on program and outreach initiatives, as well as recent research findings and news from the autism community. Since its inception in 2002, *The OARacle* has featured articles from the Scientific Council as well as guest experts, teachers, and parents on a variety of topics. This resource furthers OAR's mission by bringing research news to the autism community in a simple, straightforward format.

**Education Programs.** In FY 2017, OAR introduced the OAR Webinar Series. In FY 2022, OAR held eight webinars on topics including physical and mental health, relationships, safety, employment, and more.

OAR offers more scholarship funds for students with autism pursuing post-secondary education than any other organization in the U.S. or abroad. Through its unique scholarship program, OAR awarded \$161,000 to 51 students with autism pursuing post-secondary, undergraduate education in this FY.

**Community Impact Programs.** It's been nine years since OAR launched its *Autism in the School House* Initiative, an effort to better inform typical peers, parents, and teachers and help effect positive learning environments in schools across the U.S. The most widely-used component, the *Kit for Kids*, is a peer education package targeting students in grades K-8 built around *What's Up With Nick?*, an engaging informational booklet presented from a typical peer's perspective. OAR has distributed more than 141,000 copies in the U.S., and the booklet has been translated for use in Vietnam, Poland, and Bulgaria.

The other component is the *Curriculum-in-a-Box*, which focused on educating teachers and includes *Understanding Autism: A Guide for Secondary Teachers*, a one-hour curriculum on DVD, along with more supporting materials.

OAR also continued to make a greater impact by distributing its *Life Journey through Autism* guides and resources to thousands of families – whether directly or through local partner organizations, like support groups, school districts, military installations, and independent practitioners.

OAR uses special events as a major component of community outreach. They serve to heighten the public awareness of autism as well as OAR programming initiatives. The 2022 FY saw the continuation of the highly successful *RUN FOR AUTISM* program, which was introduced in 2003. Through continuing partnerships with the Marine Corps Marathon, Bank of America Chicago Marathon, Chevron Houston Marathon, New York City Marathon, and international expansion to marathons in London and Berlin, OAR has been able to place the autism cause in the national and international spotlight. Through the efforts of its dedicated runners, OAR raised more than \$800,000 for new research and information programs in FY 2022. Plans for the *RUN FOR AUTISM* fall schedule were underway at the close of the fiscal year. As the program continues to expand, it is introducing OAR to more people across the nation.

In summary, OAR's major program accomplishments through June 30, 2022, included:

- Funded 5 new research studies through the annual Applied Research Competition (\$196,272 in total grant awards). The 2022 competition is underway.
- Funded 10 grants (\$17,600 in total grants) to Master's and doctoral students through the Graduate Research Grants Competition. The 2022 competition is also underway.
- Distributed more than 10,000 copies of *Life Journey through Autism* guides free of charge to families, teachers, service professionals;

- Continued the “Autism in the Schoolhouse” initiative by supporting the peer education of 15,000 young students through the highly successful *Kit for Kids* peer education resource and the *Understanding Autism: A Guide for Secondary Teachers* curriculum on DVD and Curriculum-in-a-Box.
- Raised in excess of \$800,000 through the annual *RUN FOR AUTISM* program, engaging more than 600 participants across the U.S.

Meeting of the Board of Directors in Fiscal Year 2022:

During the period of July 1, 2021 until June 30, 2022, OAR’s Board conducted its annual meeting on November 10, 2021.

**Board of Directors**

**Terms of Service:** The members of OAR’s Board of Directors serve for one year, to be renewed through majority vote, until his or her earlier resignation or removal. A director may serve for any number of terms, consecutive or otherwise.

**Officers**

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McLean, VA

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Peter Gerhardt  
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William Donlon  
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Stephen Shore  
Ellicott City, MD

Cathy Farmer  
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Kristen Essex  
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Rachel Luizza  
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Programs and Research

Kimberly Ha  
Director, Research & Programs

Ben VanHook  
Programs and Outreach Associate

Hire Autism

Courtney Carroll  
Hire Autism Associate

*RUN FOR AUTISM*

Sean Flynn  
Director, *RUN FOR AUTISM*

Sarah Rodis  
Senior Coordinator, *RUN FOR AUTISM*

**Statement of Financial Position as of June 30, 2022**

	<b>Assets</b>	
	<b>June 30, 2022</b>	<b>June 30, 2021</b>
<b><u>Current Assets</u></b>		
Cash and cash equivalents	\$ 2,604,952	\$ 2,230,862
Investments	22,469	16,876
Contributions receivable	73,677	61,095
Prepaid Expenses	177,088	245,001
Inventory	<u>57,061</u>	<u>75,855</u>
Total Current Assets	<u>2,935,247</u>	<u>2,629,689</u>
<b><u>Fixed Assets</u></b>		
Furniture	22,515	22,515
Computer equipment and software	10,715	10,715
Website development	<u>297,911</u>	<u>192,961</u>
Less: Accumulated depreciation and amortization	<u>(222,118)</u>	<u>(208,325)</u>
Net fixed assets	<u>109,023</u>	<u>17,866</u>
Deposit	22,288	22,288
Right of use asset, net	<u>528,412</u>	<u>625,297</u>
<b>Total Assets</b>	<b><u>\$ 3,594,970</u></b>	<b><u>\$ 3,295,140</u></b>
<b>Liabilities and Net Assets</b>		
<b><u>Current Liabilities</u></b>		
Note Payable	\$ -	\$ 133,249
Accounts Payable and accrued liabilities	43,781	21,721
Accrued Expenses	20,195	20,892
Lease liability	<u>108,901</u>	<u>100,336</u>
Total Current Liabilities	<u>172,877</u>	<u>276,198</u>
<b><u>Long-Term Liabilities</u></b>		
Lease liability, net of current	<u>481,154</u>	<u>590,086</u>
<b>Total Liabilities</b>	654,031	866,284
<b><u>Net Assets</u></b>		
Without donor restrictions	2,486,917	1,856,254
With donor restrictions	<u>454,022</u>	<u>572,602</u>
Total Net Assets	<u>2,940,939</u>	<u>2,428,856</u>
<b>Total Liabilities and Net Assets</b>	<b><u>\$ 3,594,970</u></b>	<b><u>\$ 3,295,140</u></b>

**Statement of Activities and Changes in Net Assets**  
**Years Ended June 30, 2022 and 2021**

	<u>Year Ended</u> <u>June 30, 2022</u>	<u>Year Ended</u> <u>June 30, 2021</u>
<u>Unrestricted Net Assets</u>		
Contributions and grants	\$ 1,681,649	\$ 1,272,448
Special Events	460,736	295,948
Donated Services	12,890	13,126
Interest income	15,805	17,435
Other income	<u>7,131</u>	<u>10,380</u>
Total support and revenue	<u>\$ 2,178,211</u>	<u>\$ 1,609,337</u>
 Expenses		
Program Services		
Research	505,139	342,638
Information	670,015	489,126
Education	<u>261,869</u>	<u>194,811</u>
Total program services	<u>\$ 1,437,023</u>	<u>\$ 1,026,575</u>
 Supporting Services		
Management	142,860	130,924
Fundraising	<u>219,494</u>	<u>226,470</u>
Total expenses	<u>\$ 1,799,377</u>	<u>\$ 1,383,969</u>
Change in net assets, before other item	378,834	225,368
 Other Item		
Extinguishment of debt	<u>133,249</u>	<u>134,995</u>
Change in net assets	512,083	360,363
Net Assets, beginning of year	<u>\$ 2,428,856</u>	<u>\$ 2,068,493</u>
<b>Net Assets, end of year</b>	<u><b>\$ 2,940,939</b></u>	<u><b>\$ 2,428,856</b></u>