# THE TRANSITION FROM HIGHER EDUCATION TO THE WORKPLACE FOR AUTISTIC STUDENTS

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# CHALLENGES

### DISCOURAGED WORKERS

2023 US Department of Labor: 85% of degree holding autistic adults are unemployed.\*

## GETTING A JOB

Application Process
Interview Process

## STARTING A JOB

Onboarding, Training, Networoking

## PERSONAL LIFE

Source of friends
Support
Additional Responsibilities
Balancing it all

## GETTING A JOB

#### Application:

- Job Description
- Application Process
- Timelines
- Decoding

#### Interviews:

- Format
- Questions
- What matters vs what doesn't
- Marketing yourself

- Thinking about the application process for past internships and now career-type jobs, what have you found frustrating?
- What challenges did you have with the interview process?

# STARTING YOUR JOB

#### Onboarding

- Information it covers
- Accommodations
- Hidden agenda
- Specificity

- What have previous employers gotten right with onboarding?
- What feedback do you have for (any/all) employers in their hiring/onboarding processes?

## YOUR PERSONAL LIFE

- What is work life balance?
- Full Time Employment vs Full Time Course Work
- Source of social relationships

What is/was the biggest struggle in transitioning out of college?

## HIRING INITIATIVES

- Fields
- Is it truly Inclusive
- Alternatives
- Different methods for success

When an employer advertises itself as a Neurodiversity Friendly employer, what would you expect from that employer?

## OPPORTUNITIES

BE KIND TO YOURSELF

LEARN WHAT WORKS FOR YOU

Change is hard for everyone

School vs Work stragtegies

DIFFERENT NOT UNIQUE

All new graduates are going through the same thing.

FOR NOW VS FOREVER

Your 1st job doesn't have to be your last.

# QUESTIONS?