THE TRANSITION FROM HIGHER EDUCATION TO THE WORKPLACE FOR AUTISTIC STUDENTS

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CHALLENGES

**DISCOURAGED WORKERS**
2023 US Department of Labor: 85% of degree holding autistic adults are unemployed.*

**GETTING A JOB**
Application Process
Interview Process

**STARTING A JOB**
Onboarding, Training, Networking

**PERSONAL LIFE**
Source of friends
Support
Additional Responsibilities
Balancing it all
GETTING A JOB

Application:
- Job Description
- Application Process
- Timelines
- Decoding

Interviews:
- Format
- Questions
- What matters vs what doesn’t
- Marketing yourself

- Thinking about the application process for past internships and now career-type jobs, what have you found frustrating?
- What challenges did you have with the interview process?
STARTING YOUR JOB

Onboarding
- Information it covers
- Accommodations
- Hidden agenda
- Specificity

• What have previous employers gotten right with onboarding?
• What feedback do you have for (any/all) employers in their hiring/onboarding processes?
YOUR PERSONAL LIFE

- What is work life balance?
- Full Time Employment vs Full Time Course Work
- Source of social relationships

What is/was the biggest struggle in transitioning out of college?
Hiring Initiatives

- Fields
- Is it truly inclusive
- Alternatives
- Different methods for success

When an employer advertises itself as a Neurodiversity Friendly employer, what would you expect from that employer?
OPPORTUNITIES

BE KIND TO YOURSELF
Change is hard for everyone

LEARN WHAT WORKS FOR YOU
School vs Work strategies

DIFFERENT NOT UNIQUE
All new graduates are going through the same thing.

FOR NOW VS FOREVER
Your 1st job doesn’t have to be your last.
QUESTIONS?