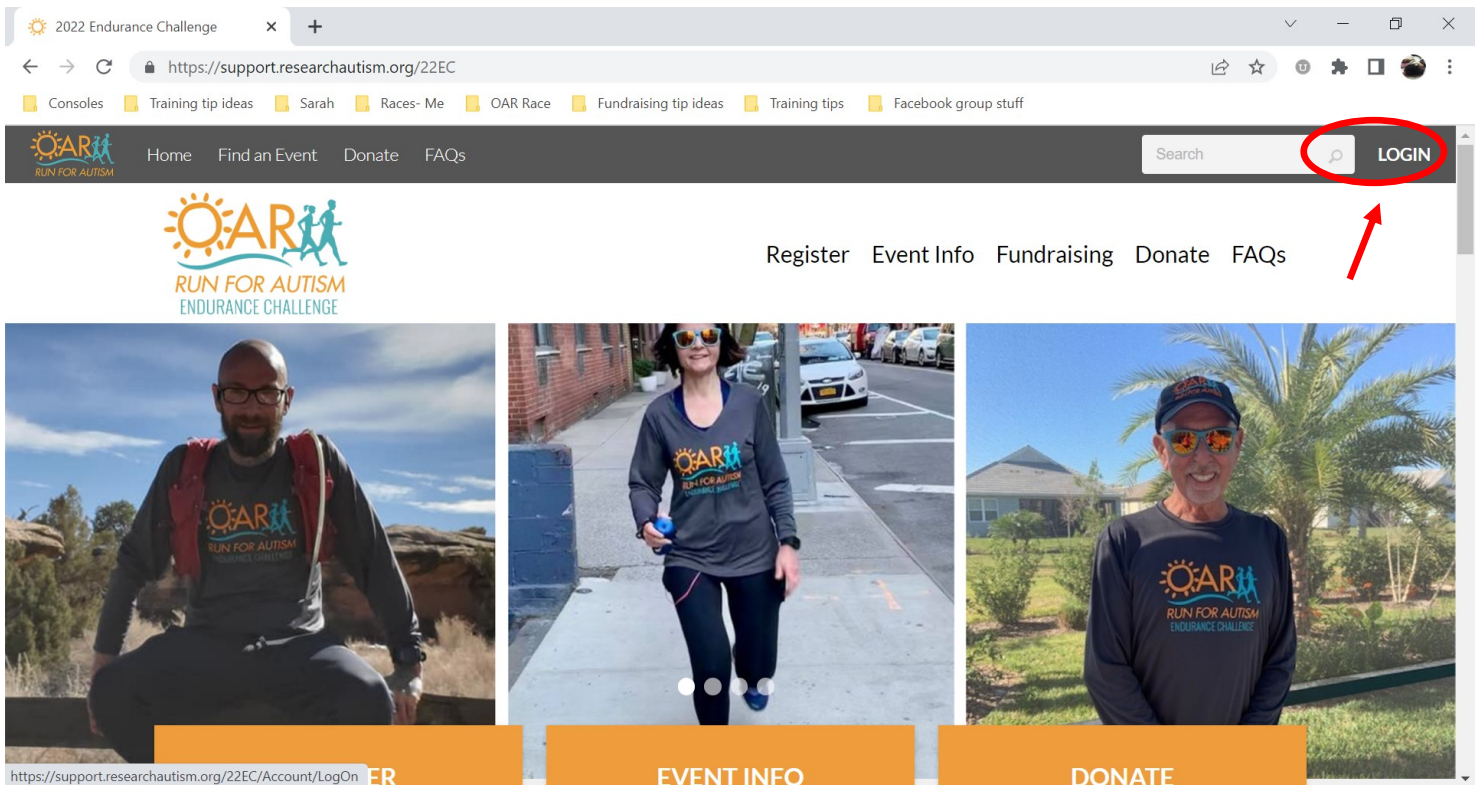
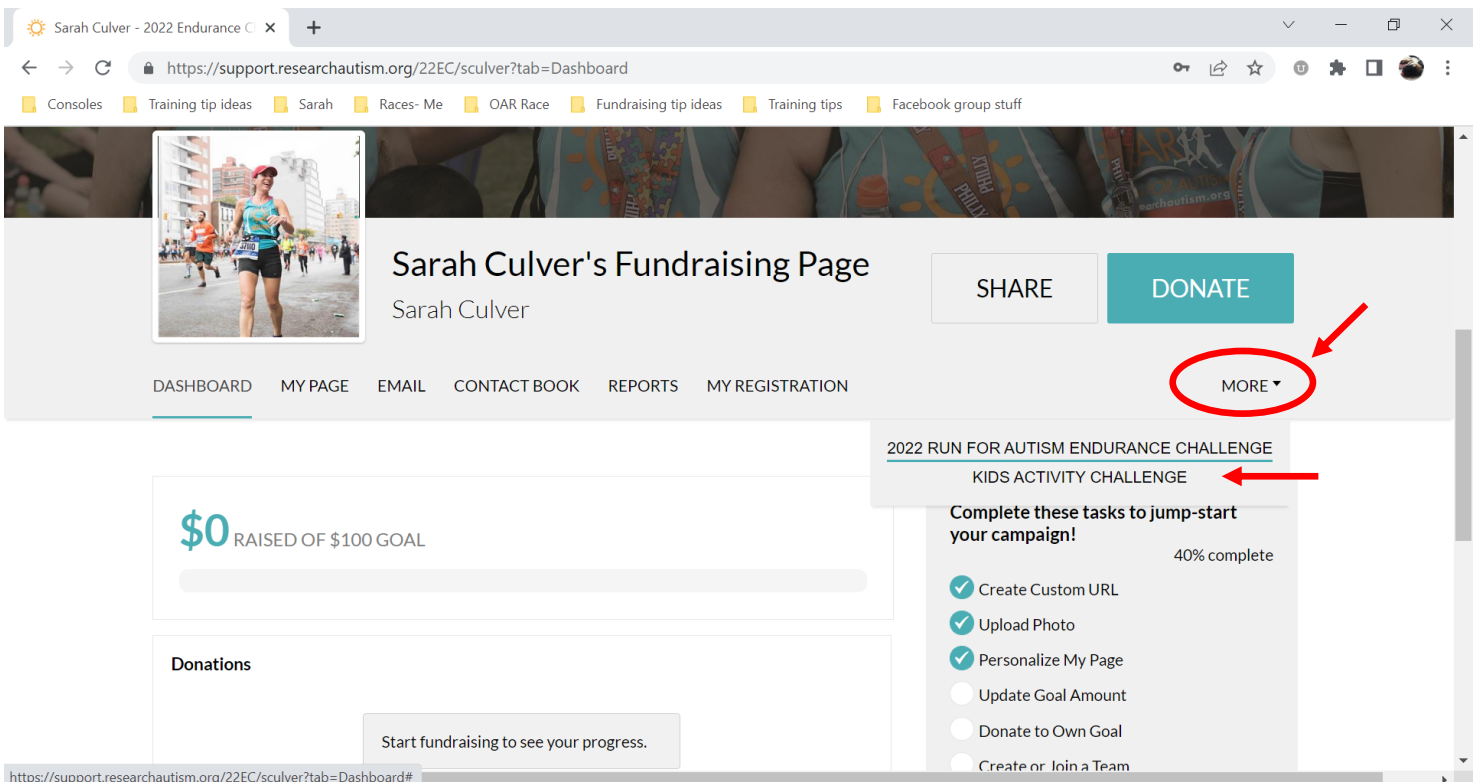


# How to upload minutes for the Kids Challenge.

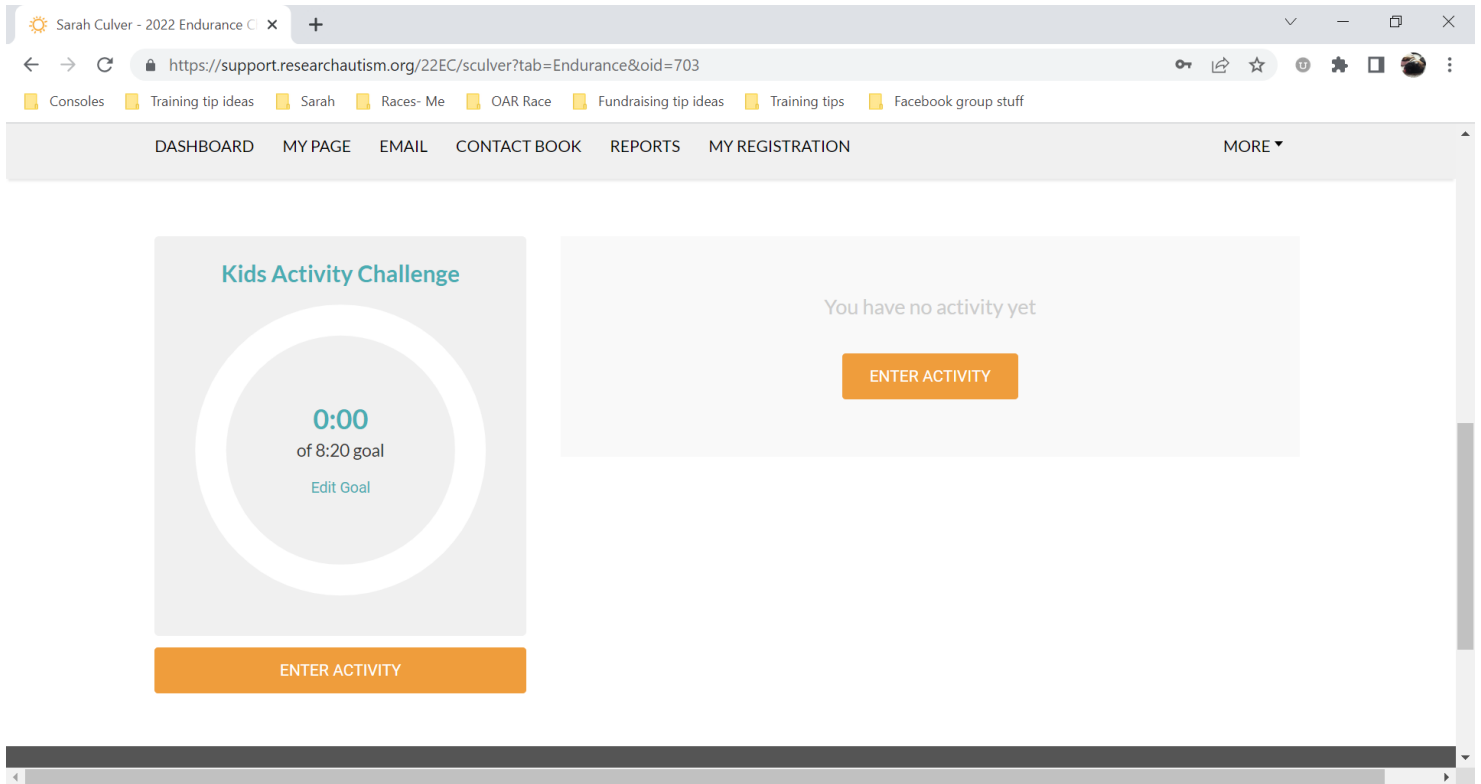
1. Login (<https://support.researchautism.org/22EC/Account/LogOn>), this should then bring you to your dashboard.



2. From your dashboard, click on the dropdown labeled 'MORE' and select the Kids Activity Challenge.



3. To manually enter an activity, click on 'ENTER ACTIVITY'.



4. Enter activity type, date, and duration. Check the post to fundraiser feed box if you want the activity to show on your fundraising page. Select 'Add activity'.

