

### Unstuck Curricula:

1. Cannon, L., Kenworthy, L., Alexander, K., Werner, M., & Anthony, L.G. (2011). *Unstuck and On Target!: An Executive Function Curriculum to Improve Flexibility and Goal Directed Behavior for Children with ASD, Research Edition*. Baltimore: Paul H. Brookes Publishing Co. (out of print)
2. Kenworthy, L., Anthony, L.G., Alexander, K., Werner, M., Cannon, L., & Greenman, L. (2014). *Solving Executive Function Challenges: Simple Ways to get Kids Unstuck and On Target*. Baltimore: Paul H. Brookes Publishing Co.
3. Cannon, L., Kenworthy, L., Alexander, K., Werner, M., & Anthony, L.G. (2018). *Unstuck and On Target!: A School-Based Curriculum to Support Executive Functioning Skills, Second Edition*. Baltimore: Paul H. Brookes Publishing Co.
4. Authors in alphabetical order: Alexander, K., Anthony, L., Cannon, L., Childress, D., Kenworthy, L., Messina, S., Werner, M. (2018). *e-Unstuck: An Online Course for Parents*. Available at [unstuckontarget.com](http://unstuckontarget.com)

### Publications from our Trials:

5. Kenworthy, L., Anthony, L.G. (co-first authors), Naiman, D.Q., Cannon, L., \*Wills, M.C., Werner, M.A., Alexander, K., \*Strang, J., \*Bal, E., \*Sokoloff, J.L., & Wallace, G.L. (2014). Randomized controlled effectiveness trial of executive function intervention for children on the autism spectrum. *Journal of Child Psychology and Psychiatry*, 55(4):374-83. doi: 10.1111/jcpp.12161. PMID: 24256459 PMCID: PMC4532389.  
Featured as a Good Quality RCT with positive effects for ASD by AHRQ:  
<https://www.ncbi.nlm.nih.gov/books/NBK241449/#results.s3>  
  
Article featured on the Research Autism (part of the National Autistic Society in the UK) website as an effective intervention.
6. \*Ratto, A.B., Anthony, B.J., Mendez, R., \*Safer, J., \*Dudley, K., Kahn, N., \*Pugliese, C., Kenworthy, L., Biel, M., \*Martucci, J., & Anthony, L.G. (2017) Lessons learned: Engaging culturally diverse families in neurodevelopmental disorders research. *Autism: International Journal of Research and Practice*, 21(5): 622-634. doi: 10.1177/1362361316650394 PMID: 27313190 PMCID: PMC5159318.
7. Kenworthy, L., Childress, D., Verbalis, A., Armour, A., Werner, M., Troxel, M., Anthony, L. (2018) Randomized Controlled Trial of e-Unstuck On-Line Parent Training Modules Versus In-Person Training. *Archives of Clinical Neuropsychology*, 33, 6, 692-702, <https://doi.org/10.1093/arclin/acy060.17>
8. Alexander, K., Kenworthy, L., Anthony, L., Childress, D., Verbalis, A., Armour, A., Kocher, K., Troxel, M., Cannon, L., Werner, M. (2019). Leveraging Technology To Develop a Feasible, Acceptable, and Effective Alternative to In-Person Parent Education

Sessions. *Am J Occupational Therapy*, 73,  
(4\_Supplement\_1):7311520397. <https://doi.org/10.5014/ajot.2019.73S1-PO2038>

Written by non-Unstuckers:

1. R Elias, HG Murphy, KA Turner, SW White (2019) Feasibility and Preliminary Efficacy of an Adapted Transdiagnostic Treatment for Children With Executive Function Deficits *Journal of Cognitive Psychotherapy* 33 (4), 343-356
2. Takacs, Z. K., & Kassai, R. (2019). The efficacy of different interventions to foster children's executive function skills: A series of meta-analyses. *Psychological Bulletin*, 145(7), 653-697. <http://dx.doi.org/10.1037/bul0000195>