



OAR Celebrates 18th Birthday with Updated Parent's Guide to Research

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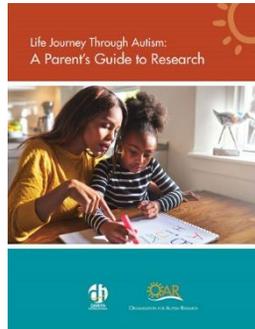
ARLINGTON, VA – In celebration of the Organization for Autism Research (OAR)'s 18th birthday, OAR is releasing the updated guidebook, *Life Journey Through Autism: A Parent's Guide to Research*. When parents first learn of their child's autism diagnosis, they often feel overwhelmed with the need to learn about the complexities of autism. They have to educate themselves not only about the medical details, but also about the range of treatment options available to them. *A Parent's Guide to Research* provides the foundational information parents need to identify, understand, and evaluate autism research.

The guidebook helps parents learn how to:

- Find high-quality autism literature through reputable sources
- Become savvy consumers of research news
- Evaluate research studies using a guiding uniform framework
- Interpret and apply research findings to their specific needs

The publication and distribution of the updated *A Parent's Guide to Research* made possible through a grant from the American Legion Child Welfare Foundation (ALCWF). In addition to the ALCWF, OAR thanks Kara Hume, Ph.D., Nancy McIntyre, Ph.D., and Sallie Nowell, Ph.D., from the Frank Porter Graham Child Development Institute for updating the guide and ensuring the content remains relevant to parents today. Finally, OAR also thanks the following feedback contributors: Tiffany Duong, Cathy Farmer, Cristy James, Lori Lapin Jones, Esq., Thea Kuddo, M.D., Nancy Minshew, M.D., Amarilys Morales, Shannon Rouff, Cheryl Wahl, Carla Wyrsh, and Patricia Wright, Ph.D. MPH.

A Parent's Guide to Research is OAR's first installment in the *Life Journey Through Autism* series. Since its initial release back in 2003, the guide has been distributed more than 15,000 times. [The guide is available as an online PDF and for order in paperback form.](#) If you have any questions or feedback about OAR's *A Parent's Guide to Research*, or if you are interested in placing a bulk order, please contact OAR at 703-243-9762, or programs@researchautism.org.



About OAR: The Organization for Autism Research (OAR) is a national non-profit organization formed and led by relatives of children and adults with autism spectrum disorders. OAR is dedicated to promoting research that can be applied to help families, educators, caregivers, and individuals with autism find much-needed answers to their immediate and urgent questions. Learn more at www.researchautism.org.

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