



## OAR Releases New College Guide for Students with ASD

FOR IMMEDIATE RELEASE

January 25, 2018

Contact: Kimberly Ha, Director, Research and Programs  
703-243-9762, [kha@researchautism.org](mailto:kha@researchautism.org)

ARLINGTON, VA – The Organization for Autism Research excitedly announces the release of *Finding Your Way: A College Guide for Students on the Spectrum*, a new guide for incoming or current college students with autism spectrum disorder. This guide serves to support students with autism as they navigate college by providing insights to academic, social, and financial supports, services, and resources.

Approximately 36% of young adults on the autism spectrum attend postsecondary education (Roux et al., 2015). However, there are few, if any, resources available to these students on how to navigate higher education systems, making it challenging to have a successful transition from high school to college to employment. As more and more students on the spectrum enter higher education, it is essential that they have resources to help them manage the various areas of college life that they will encounter.

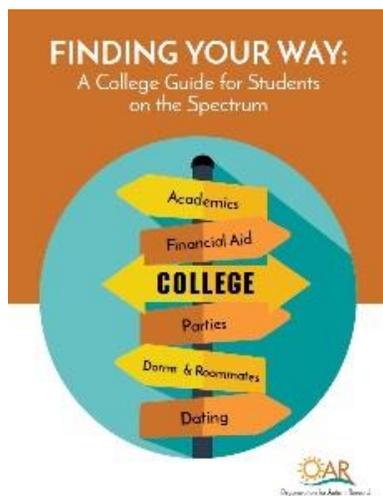
*Finding Your Way* provides information, tips, and experiences from people on the autism spectrum as well as highly qualified professionals to support success in college by highlighting important information related to transitioning to college, attending college, and transitioning out of college into employment. The guide features information about a myriad of subjects including but not limited to: the role and importance of self-advocacy, the types of disability and academic supports, navigating social relationships, maintaining physical and sexual safety, and applying for jobs.

“Reading [this guide] made me feel like the things I experienced were not as uncommon as I felt they were when I had experienced them,” stated Molly M., a college graduate on the autism spectrum. “Overall, the guide seems very helpful and would be a wonderful resource to individuals on the spectrum. What I liked most was that it never spoke down to the reader, which I feel like so many ‘helping’ resources can do. I wish I’d had a book with such clear explanations of the things I would face in college.”

*Finding Your Way: A College Guide for Student on the Spectrum* is available on [OAR’s website](#) as a digital download or to download as a hard copy. Related articles, checklists, personal stories, advice columns, and more can also be found at [College Central](#), the guide’s companion microsite.

OAR supports transition- and college-related autism programs with bulk order resources. Questions, comments, and bulk order requests for OAR’s *Finding Your Way: A College Guide*

for *Students on the Spectrum* can be directed to Kimberly Ha, Director, Research and Programs, at 703-243-9762 or [kha@researchautism.org](mailto:kha@researchautism.org).



**About OAR:** The Organization for Autism Research (OAR) is a national non-profit organization formed and led by relatives of children and adults with autism spectrum disorders. OAR is dedicated to promoting research that can be applied to help families, educators, caregivers, and individuals with autism find much-needed answers to their immediate and urgent questions. Learn more at [www.researchautism.org](http://www.researchautism.org).

##