

## SAMPLE BUDGET

DIRECT COSTS				
Research Materials	Description	Cost/Unit	Units	Total
(Materials and resouces directly integral to the study)	Paper Copies (Recruitment packets and data collection packets	\$0.10	720	\$72.00
	Postage (Approximate to mail packages and prepaid return envelopes)	\$6.00	100	\$600.00
	Family Support Scale (Reliability and Validity from Winterberry	\$28.00	1	\$28.00
<b>Research Participant Reimbursements</b>				
(Stipends, reimbursements, rewards for participants)	Toys 'R Us Gift Cards	\$15.00	50	\$750.00
<b>Travel Related to Research</b>				
(Travel required to conduct the research	Mileage (\$0.50 per mile) - 5 trips per participant @ 10 miles each	\$50.00	7	\$350.00
<b>TOTAL DIRECT COSTS</b>				<b>\$1,800.00</b>

ADMINISTRATIVE COSTS				
Adminstrative	Description	Cost/Unit	Units	Total
(Administrative support and materials	Refreshments (Food for focus	\$120.00	1	\$120.00
	Blank CDs & DVDs	\$10.00	3	\$30.00
	Binders	\$5.00	10	\$50.00
<b>Total Administrative Costs</b>				<b>\$200.00</b>

<b>TOTAL BUDGET COST</b>				<b>\$2,000.00</b>
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**NOTE:** Administrative Costs cannot be more than 10% of the total grant amount. No more than 50% of the total grant amount may be research participant rewards, reimbursements, or stipends.